



Lifeguarding Instructor Course



WEYERHAEUSER | KING COUNTY
AQUATIC CENTER

650 SW Campus Drive
Federal Way, WA 98023
206-477-4444 or 1-855-952-9970
www.kingcounty.gov/recreation/parks

Prerequisites: *Verified on First Day*

- 17 years of age by last day of class (Bring proof of age, i.e., driver's license, birth certificate)
- Possess a current basic-level certification in American Red Cross Lifeguarding/First Aid/CPR/AED
- Successful completion of the online Introduction to the Lifeguarding Instructor Course prior to the precourse skills session

Cost:
\$165.00
scholarships available

Schedule:
M/W/F 5:00pm—9:00pm
Saturday 9:00am—5:00pm

March 18, 20, 25, 27, 29, 30
April 1, 3

No class scheduled: 3/22, 23

Register online or stop by the front desk
<https://anc.apm.activecommunities.com/kingcountyparks>

 This material is available in alternate format upon request.
Telephone Relay Service: 711



Materials:
Available for download after course registration
–American Red Cross Lifeguarding Instructor's Manual (must be printed)
–Lifeguarding course presentation and/or DVD

Available for purchase at American Red Cross

<https://www.redcross.org/store>

(206) 323 – 2345 (Seattle)

(253) 474 – 0400 (Tacoma)

– American Red Cross Lifeguarding Manual \$ 34.99

– Adult/Child and Infant CPR Mask \$ 12.95

ARC Lifeguarding Manual available for free download at:

www.redcross.org/take-a-class/participant-materials